National Association Of Care Catering

Social Care Catering
Who are the NACC?

Formed in 1987
Source of information and professional opinion

Aims are to:
- improve standards of catering
- provide a forum for debate
- exchange information and best practice
- develop standards
- research
- publish guidelines
What do the NACC do?

- Input into government policy
- Set standards
- Produce documentation
- Annual Conference
- Regional meetings
- National Community Meals Week
- Care Cook of the Year
- Website
- Yearbook
The Care Catering Market

Residential – 400,000 + beds
Day care - x places

Community – 23 million meals home delivered
? million meals served at lunch
Clubs
Pressure

Cost of Malnutrition  £13.1 billion
Reduced budget
Increasing market size
Correlation of numbers

CM Served | Malnutrition in over 65’s cost
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2003 34 m | £3.4b
2008 23 m | £7.9b
2012? | ?

*Source: BAPEN Combating Malnutrition Report figures Feb 2009*
The Risk

National Screening Week 2011
Malnutrition identified on
Entry to hospital from a care home
41%

Entry from the community
30%
Single Nutrition Standard

A recommended Nutritional Standard developed and launched In October 2010

Combined NACC community meals And CWT residential standards
The Regulator

Care Quality Commission

Collaborative Nutrition Tool

Outcome 5 – Meeting Nutritional Needs

http://www.cqc.org.uk/publications.cfm?fde_id=16387
Guidance

• NACC developed guidance for the differing sectors
• 10 Key Characteristics of Good Nutritional Care for a care setting

http://www.thenacc.co.uk/resources/top_tips
Campaign

Dehydration in Older People Awareness Week

6\textsuperscript{th} - 12\textsuperscript{th} June
Potential impact of the campaign

Community Based Savings
If the campaign maintains just ten people in their own home then the saving is £346,159

If these ten people were in residential care for a year the cost would be £459,160.
Based on £883 per week per resident
*Figure from Under Pressure – Local Government Report by The Audit Commission*

Keeping 10 people living in the community with a Community Support Service visiting for 2 hours per day, and with a hot community meal daily the costs would be -
Community Support £12.98 @ 2hours = 94,751
Community Meals £5.00 @ 7 per week = 18,250
Total cost = £113,001
Potential impact of the campaign

Preventing Hospital Admissions
If the campaign prevents just two people* a day
Being admitted to or extending their stay in hospital by one night then the saving is £219,000

Occupying two beds would cost a hospital annually £219,000 based on the £300 per night costing.
(University College London Hospital’s Nov 2010 estimation of nightly cost of hospital bed.)

*These people could be either living at home in the community or in a residential setting.
Opportunities for LA’s

Community Meals
Operate service to include non eligible
Added value reduces costs elsewhere –
Safe & well being checks; CRB

Care Homes
Over reliance on private sector in a
growing market
Issues

Community Meals
Signposted services are unregulated

Care Homes
Lack of investment in to stock
Private are for business – some good, many have poor understanding of value of good nutrition
Any Questions?

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